

Exciting changes at Next Step Massage!



Next Step Massage will now operate out of this beautiful historic home with a comfortable and relaxing atmosphere. I will continue to offer massage and small group yoga classes. I would love for each of you to join me in my new location.

**120 Dry Ave
Suite 102
Cary, NC 27511**

New Location Specials

Enjoy these special prices for the entire month of June!

Thai Yoga Massage: 75 minutes only \$65!

Often referred to as the “lazy man’s yoga,” it combines gentle rocking, deep stretching, and rhythmic compression leaving you relaxed but energized.

Private Yoga Session: 60 minutes only \$40!

Are you intimidated by yoga? Are you afraid to join a yoga class?
Come in for a private session and learn the basics, giving you the confidence to try one of our classes!

Enjoy your **First Yoga Small Group Class Free** of charge!

Haven’t taken a yoga class with us?

Enjoy a complimentary first small group class at Next Step Massage Therapy!

Now schedule appointments or join classes online!

You can now go to www.nextstepmassage.com to schedule your next massage or yoga session and see a list of available yoga classes. I am excited to offer this convenience to each of my clients and believe it will make it easier to accommodate each of you.

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